



**POWAY NEIGHBORHOOD  
EMERGENCY CORPS**

## ***Are your family and neighborhood prepared? **START NOW!!!*****

The POWAY NEIGHBORHOOD EMERGENCY CORPS is a volunteer organization that is organizing all the neighborhoods in Poway to be prepared to take care of each other in an emergency. We offer a direct communication link from the City of Poway directly to YOU. ALL are invited to participate!

**For info go to: PowayNEC.com or facebook/PowayNEC**

To talk to your neighbors: NextDoor.com (sign up today to be able to get direct emergency info from the City and to talk to your neighbors)

Come to a meeting! 2nd Thursday of each month

7pm at Poway City Hall, 13325 Civic Center Dr., Poway

**START TODAY! It's as easy as 1-2-3**

### **Step 1: Make an evacuation list**

If you had fifteen minutes to evacuate your house, what would you take? Put it in order of importance and list WHERE everything is. Print it out on bright papers and tape inside your doors and closets. Review with your family.

### **Step 2: Put together a car kit**

You are where your car is. So put together a backpack with emergency supplies. If you had to walk away from your car, what do you need? Flashlight, shoes, sweatshirt, water, food, maps, and more. Go here for ideas: [simplesafety.com](http://simplesafety.com)

### **Step 3: Get your shoes ready**

By each bed, put an old pair of tennis shoes. Put a whistle in one shoe and a flashlight in the other. You're ready! If you want, add a bottle of water, food bars, etc.

Then it's time to talk to your neighbors. How can you communicate? How can you take care of each other? Poway Neighborhood Emergency Corps can help!

**Contact us today to receive monthly information and to be notified of the meetings where you can learn more.**

Contact: [powaynec@gmail.com](mailto:powaynec@gmail.com)